



# **SOURASHTRA COLLEGE, MADURAI – 625004**

(An Autonomous Institution Re-accredited with 'B+' grade by NAAC)

## **PART – V – SYLLABUS**

(Under CBCS based on OBE)(with effect from 2021 – 2022)

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### **PART – V – EXTENSION ACTIVITIES (IV SEMESTER)**

1. A candidate shall be awarded a maximum of one Credit for Compulsory Extension Service. These should be carried out outside the class hours.
2. All the students shall have to enroll for NSS /NCC/ Sports & Games or any other service organizations in the college and shall have to earn minimum hours of attendance prescribed by the college.
3. There is no internal examination and only external examination for a maximum of 100 marks.

### **COURSE STRUCTURE**

<b>S. No.</b>	<b>Subject Code</b>	<b>Subject Title</b>	<b>Exam (Hrs.)</b>	<b>CA</b>	<b>FW</b>	<b>Viva Voce</b>	<b>Total Marks</b>	<b>Credit</b>
1	21NSSEA4	National Service Scheme	3	25	25	50	100	1
2	21YRCEA4	Youth Red Cross	3	25	25	50	100	1
3	21RRCEA4	Red Ribbon Club	3	25	25	50	100	1
4	21CCCEA4	Citizen Consumer Club	3	25	25	50	100	1
5	21WUSEA4	World University Service	3	25	25	50	100	1
6	21LIBEA4	Library and Information Science	3	25	25	50	100	1
7	21NCCEA4	NCC – Army	3	25	25	50	100	1
8	21PEDEA4	Physical Education	3	25	25	50	100	1

**Note: Students shall opt for any one of the activities offered**

**FW – Field work**

**CA – Class Assessment**

**Passed in the BOS Meeting held on 19/03/2022**

**Signature of the Chairman**



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COURSE CODE	COURSE TITLE	CATEGORY	CREDIT
21NSSEA4	NATIONAL SERVICE SCHEME	PART – V	1

YEAR	SEMESTER	CA	FW	VIVA VOCE	TOTAL
II	IV	25	25	50	100

### DESCRIPTION:

This course helps to understand National Service Scheme.

### COURSE OBJECTIVES:

- Understand the community in which they work
- Identify the needs and problems of the community and involve them in problem-solving
- Develop potentialities to meet emergencies and natural disasters
- Practice national integration and social harmony
- Mold them to be the best and active citizen

### COURSE OUTCOMES (COs):

After the completion of the course, the students will be able to

No.	Course Outcomes	Knowledge Level (According to Bloom's Taxonomy)
CO 1	know about the history and objectives of NSS	Upto K3
CO 2	understand the need of National integration and social harmony	Upto K3
CO 3	gain knowledge on legal awareness and health awareness, need for organizing N.S.S. Camps and EEAT	Upto K3

K1 – KNOWLEDGE (REMEMBERING), K2 – UNDERSTANDING, K3 – APPLY



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### **NATIONAL SERVICE SCHEME**

#### **UNIT – I: National Service Scheme**

- A. History and its Objectives
- B. Organizational structure of N.S.S. at National, State, University and College Levels
- C. Advisory committee and their functions with special reference to college principal, Programme officer, N.S.S. group leader and N.S.S. volunteers in the implementation.

#### **UNIT – II: National Integration**

- A. Need of National integration
- B. Various obstacles in the way of National Integration; such as caste, religion, language and provisional problems etc.
- C. Social Harmony

#### **UNIT – III: Special Programme**

- A. Legal awareness & Health awareness
- B. First-aid
- C. Leadership training - cum - Cultural Programme

#### **UNIT – IV: Special Camping Programme**

- A. Selection of camp site and physical arrangement
- B. Organization of N.S.S. camp through various committees and discipline in the camp.
- C. Activities to be undertaken during the N.S.S. camp.

#### **UNIT – V: N.S.S. Regular Activities**

- A. Traffic regulation
- B. Blind assistance
- C. Environmental Education, Awareness and Training (EEAT)
- D. Blood donation
- E. Clean campaign

#### **REFERENCE BOOKS:**

1. National Service Scheme Manual, Government of India.
2. Training Programme on National Programme scheme, TISS.
3. Orientation Courses for N.S.S. Programme officers, TISS.
4. Case material as Training Aid for field workers, *Gurmeet Hans*.
5. Social service opportunities in Hospitals, *Kapil K. Krishan*, TISS.
6. Social Problems in India, *Ram Ahuja*.



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COURSE CODE	COURSE TITLE	CATEGORY	CREDIT
21YRCEA4	YOUTH RED CROSS	PART – V	1

YEAR	SEMESTER	CA	FW	VIVA VOCE	TOTAL
II	IV	25	25	50	100

### COURSE DESCRIPTION:

This course helps to understand Youth Red Cross.

### COURSE OBJECTIVES:

- Informing youth members and others the roles and responsibilities of the Red Cross and encourage them to contribute.
- Creating awareness on the care of their own health and that of others.
- Understanding and acceptance of civic responsibilities and acting accordingly with humanitarian concern, to fulfill the same.
- Enabling the growth and development of spirit of service and sense of duty with dedication and devotion in the minds of youth.
- Fostering better friendly relationship with all, without any discrimination.

### COURSE OUTCOMES (COs):

After the completion of the course, the students will be able to

No.	Course Outcomes	Knowledge Level (According to Bloom's Taxonomy)
CO 1	know the history, organization structure, principles and functions of Red Cross Society	Upto K3
CO 2	understand the Organisation setup of Indian Red Cross and its activities.	Upto K3
CO 3	describe the types of conflict, National Disasters, role of Red Cross Society in relief activities and the important rules of first aid	Upto K3

K1 – KNOWLEDGE (REMEMBERING), K2 – UNDERSTANDING, K3 – APPLY



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### **YOUTH RED CROSS**

#### **UNIT- I: History of Red Cross Society:**

Henry Dunant - YRC – Meaning- Origin – organization structure – principles – function relating to conserve the environmental society.

#### **Unit- II: Fundamental principle:**

Humanity – Impartially –Neutrality – Independence - Voluntary service – Unity – University – Emblem and Regulation on the use – Aims - of the Emblem – Red Cross – Red crescent – Protective use – indicative use – Abuse

#### **UNIT- III: International and National Red Cross Movement:**

IRCS: Organisation – Objectives – Administration structure – Organisation setup of Indian Red Cross and its activities

#### **UNIT- IV: Red Cross Society during conflicts and disasters:**

Type of conflict – National Disasters – Role of Red cross society in relief activities.

#### **UNIT V:**

First aid – Important rules of first aid – needy equipment for first aid

#### **TEXT BOOK:**

*Note on First Aid* by S. Theertham, St. John Ambulance Association



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COURSE CODE	COURSE TITLE	CATEGORY	CREDIT
21RRCEA4	RED RIBBON CLUB	PART – V	1

YEAR	SEMESTER	CA	FW	VIVA VOCE	TOTAL
II	IV	25	25	50	100

### COURSE DESCRIPTION:

The course will equip the students with correct information on HIV/AIDS prevention, treatment, care and to make HIV/AIDS free India by creating awareness among the student youth, non-student youth and public.

### COURSE OBJECTIVES:

- To reduce occurrence of HIV/AIDS infections among youth by raising their risk to perception through awareness on HIV prevention methods
- To induce the spirit among youth to help and support people living with HIV/AIDS thereby reducing stigma and discrimination against people living with HIV/AIDS
- To motivate youth and build their capacity as peer educators and change agents by developing their skills on leadership, negotiation and team building
- To promote voluntary blood donation among youth

### COURSE OUTCOMES (COs):

After the completion of the course, the students will be able to

No.	Course Outcomes	Knowledge Level (According to Bloom's Taxonomy)
CO 1	know the importance, functions and responsibilities of RRC	Upto K3
CO 2	understand HIV and its effects	Upto K3
CO 3	gain knowledge about the importance of Blood Donation	Upto K3

K1 – KNOWLEDGE (REMEMBERING), K2 – UNDERSTANDING, K3 – APPLY



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### **RED RIBBON CLUB**

#### **UNIT- I:**

RRC – Introduction - Origin of RRC – Global level – In India- objectives – Importance – Functions and responsibilities – Role of RRC – Components of RRC

#### **UNIT- II:**

RRC – Member orientation /training – Lectures on AIDS society – Interactive sessions with HIV positive speakers/Gynecologists/Dietician/ Transgender/Medical officers

#### **UNIT- III:**

Blood donation: Importance – organizing for Blood Donation camps

#### **UNIT- IV:**

Exposure visit to Blood bank centers – HIV community centers-Visit to a village for AIDS awareness

#### **UNIT- V:**

HIV – AIDS awareness rally-poster/Debate/Slogan/Essay competition on World AIDS day

#### **TEXT BOOKS:**

1. *Cadet's Diary* – Army wing by Major. R. Ramasamy, Priya publications, Karur.
2. *Cadet's Diary* – By Cadets centre, Chennai

#### **ONLINE SOURCES:**

- [https://en.wikipedia.org/wiki/Red\\_ribbon](https://en.wikipedia.org/wiki/Red_ribbon)
- <https://magenta.as/the-red-ribbon-an-oral-history-b293ef983e31>
- <http://naco.gov.in/sites/default/files/Signed%20MoU%20-%20Dept.%20of%20Higher%20Education.pdf>

**50% of the syllabus is revised in the Academic year 2021 – 2022**



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COURSE CODE	COURSE TITLE	CATEGORY	CREDIT
21CCCEA4	CITIZEN CONSUMER CLUB	PART – V	1

YEAR	SEMESTER	CA	FW	VIVA VOCE	TOTAL
II	IV	25	25	50	100

### COURSE DESCRIPTION:

This course helps to understand consumerism.

### COURSE OBJECTIVES:

To understand the importance of consumer responsibilities, rights and acts.

### COURSE OUTCOMES (COs):

After the completion of the course, the students will be able to

No.	Course Outcomes	Knowledge Level (According to Bloom's Taxonomy)
CO 1	get an awareness about consumer rights and responsibilities.	Upto K3
CO 2	develop concern for environment around citizens and consumers and sustainable consumption habits.	Upto K3
CO 3	get educated about remedial measures available to affected consumers.	Upto K3

K1 – KNOWLEDGE (REMEMBERING), K2 – UNDERSTANDING, K3 – APPLY





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### **CITIZEN CONSUMER CLUB**

#### **UNIT – I:**

Introduction – Objectives- Responsible citizen – Consumer movement – Consumer responsibilities.

#### **UNIT – II:**

Consumer rights – Consumers right Violations – Remedies – step to be followed while purchasing a product in the market.

#### **UNIT – III:**

Consumer Laws – consumer commissions and other consumer protection agencies.

#### **UNIT – IV:**

Food safety and standards – medical services and drugs – food adulteration.

#### **UNIT – V:**

Unfair trade practices and advertisements – consumer complaints and redressal.

#### **TEXT BOOK:**

1. *Handbook for citizen consumer clubs* – Government of Tamil Nadu Civil supplies & consumer protection department.

#### **ONLINE REFERENCES:**

1. [www.consumer.tn.gov.in](http://www.consumer.tn.gov.in)
2. [www.cag.org.in](http://www.cag.org.in)
3. [www.consumercourt.in](http://www.consumercourt.in)
4. [www.consumerights.org.in](http://www.consumerights.org.in)



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COURSE CODE	COURSE TITLE	CATEGORY	CREDIT
21WUSEA4	WORLD UNIVERSITY SERVICE	PART – V	1

YEAR	SEMESTER	CA	FW	VIVA VOCE	TOTAL
II	IV	25	25	50	100

### COURSE DESCRIPTION:

This course helps to understand World University Service.

### COURSE OBJECTIVES:

1. To focus on education, development and human rights.
2. To create social responsibility.
3. To prepare students to face competitive examinations
4. To encourage them to face interviews confidently.

### COURSE OUTCOMES (COs):

After the completion of the course, the students will be able to

No.	Course Outcomes	Knowledge Level (According to Bloom's Taxonomy)
CO 1	know the history and functions of WUS	Upto K3
CO 2	gain knowledge on the types of Universities	Upto K3
CO 3	receive information about MHRD, NGO and Competitive Examinations	Upto K3

K1 – KNOWLEDGE (REMEMBERING), K2 – UNDERSTANDING, K3 – APPLY



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### **WORLD UNIVERSITY SERVICE**

#### **UNIT – I: Introduction - WUS**

Introduction of World University Service – History – Functions of WUS

#### **UNIT – II: Types of Universities**

Types of Universities – Arts and Science, Agriculture, Technical, Medical, Professional.

#### **UNIT – III: MHRD**

Responsibilities of MHRD – Role of MHRD (Ministry of Human Resource Development) Internal affairs.

#### **UNIT – IV: NGO**

What is NGO? (Non-Government Organisation) Objectives and its functions.

#### **UNIT – V: Career Guidance**

Career Opportunities – Competitive Examinations (UPSC, SSC, TNPSC & Various Recruitment Boards)

#### **ONLINE REFERENCES:**

<http://www.education.gov.in/en/major-initiatives>

<http://www.thebalancecareers.com/improving-career-development-4058289>

<http://m.economictimes.com/what-are-the-different-types-of-universities-in-india/articleshow/1510954.cms>

#### **Percentage Revision**

75%

Passed in the BOS Meeting held on 19/03/2022

Signature of the Chairman



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COURSE CODE	COURSE TITLE	CATEGORY	CREDIT
21LIBEA4	LIBRARY AND INFORMATION SCIENCE	PART – V	1

YEAR	SEMESTER	CA	FW	VIVA VOCE	TOTAL
II	IV	25	25	50	100

### COURSE DESCRIPTION:

This course helps to understand Library and Information Science.

### COURSE OBJECTIVES:

1. To enable the students to acquire knowledge regarding importance of Libraries in the context of social, economic, political, scientific and technological environment.
2. To enable the students to understand different levels of information systems in the society and their functions.
3. To enable the students apply their knowledge in various library practices.
4. To enable the students acquire knowledge regarding basis idea about World Wide Web (www)
5. To enable the students understanding of internet and Information Technology and its applications in Library & Information Science.

### COURSE OUTCOMES (COs):

After the completion of the course, the students will be able to

No.	Course Outcomes	Knowledge Level (According to Bloom's Taxonomy)
CO 1	know the elements of Library Management, components of Library and the various sections of the Library	Upto K3
CO 2	identify a particular type of ready reference source to reach the required information and evaluate the value of any such reference tool before acquiring it for your library	Upto K3
CO 3	understand the Digital Library Service, Internet, Online resources, Library Automations and Remote Access	Upto K3

K1 – KNOWLEDGE (REMEMBERING), K2 – UNDERSTANDING, K3 – APPLY



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### **LIBRARY AND INFORMATION SCIENCE**

#### **UNIT – I:**

**Library Management** – Elements of Library Management – Components of Library – Various Sections of the Library

#### **UNIT – II:**

**Library Reference sources** - Dictionaries, Directories, Encyclopedias, Handbooks etc.,

#### **UNIT – III:**

**Five Laws of Library Science** – Book are for use – Every reader his/her book – Every books its reader – Save the time of readers – Library is a Growing Organism – New insights of Library.

#### **UNIT – IV:**

**Library Information Science Services** – Long range reference Services – orientation service – guidance service – current awareness service – document delivery service – ready reference service – career guidance service – Extension service.

#### **UNIT – V:**

Digital Library Service – Internet – Online resources – Library Automations – Remote Access

#### **REFERENCE BOOKS:**

1. *C.K. Sharma and Kiran Singh. Library Management* – Atlantic Publishers
2. *C.K. Sharma. Reference sources and service* – Atlantic Publishers.
3. *S. R. Ranganathan. Five Laws of Library Science* – Sharada Ranganathan Endowment for Library Science.
4. *Richard Rubin. Foundations of Library and information Science* – Net Schuman Publishers, 2004.
5. *Digital libraries and Digitization/ Gurudev singh* – Ess Publication.



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COURSE CODE	COURSE TITLE	CATEGORY	CREDIT
21NCCEA4	NCC – ARMY	PART – V	1

YEAR	SEMESTER	CA	FW	VIVA VOCE	TOTAL
II	IV	25	25	50	100

### COURSE DESCRIPTION:

The NCC aims at developing character, comradeship, discipline, secular outlook, the spirit of adventure and ideals of selfless service amongst young citizens.

### COURSE OBJECTIVES:

- To develop character, discipline, comradeship, secular outlook, ideals of selfless services and adventure spirits amongst large numbers of young citizens.
- To create a pool of trained, organized and motivated youth with various leadership qualities in every walk of their life and serve the Nation irrespective of career they choose.
- To provide a sound environment conducive towards motivating large numbers of young people of India to join armed forces.

### COURSE OUTCOMES (COs):

After the completion of the course, the students will be able to

No.	Course Outcomes	Knowledge Level (According to Bloom's Taxonomy)
CO 1	know the Aims of NCC, NCC Song and History of NCC	Upto K3
CO 2	understand the Duties of good citizen, Leadership Training and First Aid	Upto K3
CO 3	know the various types of North, Compass Service Protractor, Fire Control Orders and Social Service	Upto K3

K1 – KNOWLEDGE (REMEMBERING), K2 – UNDERSTANDING, K3 – APPLY



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### **NCC – ARMY**

#### **UNIT – I: General Services**

Motto – Aims of NCC – NCC Song – Equivalent Ranks – Honors and Awards – Organisation – History of NCC.

#### **UNIT – II: Drill and Weapon Training**

Word of Command – Foot and Arms Drill – Rifle – Characteristics – LMG – SLR – SMG.

#### **UNIT – III: Human Resource Management.**

National Integration – Duties of good citizen – Leadership Training – Civil Defence – Hygiene and Sanitation – First Aid.

#### **UNIT – IV: Map Reading**

Map – outline – uses – limitations – conventional signs – various types of North – Compass – Service Protractor – Map to Ground – Ground to Map.

#### **UNIT – V: Field Craft and Battle Craft.**

Judging Distance – Indication of Targets – Fire Control Orders – Ambush – Social Service.

#### **REFERENCE BOOKS:**

1. *Cadets Diary* – Army Wing by Major R.Ramasamy, Priya Publications, karur.
2. *Precis* – Published at OTA, karnate.
3. *Cadets Diary* – by Cadets Centre Chennai.



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COURSE CODE	COURSE TITLE	CATEGORY	CREDIT
21PEDEA4	PHYSICAL EDUCATION	PART – V	1

YEAR	SEMESTER	CA	FW	VIVA VOCE	TOTAL
II	IV	25	25	50	100

### COURSE DESCRIPTION:

This course helps to understand about Physical Education.

### COURSE OBJECTIVES:

To develop motor abilities like strength, speed, endurance, coordination, flexibility, agility and balance, as they are important aspects for good performance in different games and sports.

### COURSE OUTCOMES (COs):

After the completion of the course, the students will be able to

No.	Course Outcomes	Knowledge Level (According to Bloom's Taxonomy)
CO 1	demonstrate the skills necessary to participate, perform, and progress in a variety of sport and/or exercise classes	Upto K3
CO 2	describe and apply the components of fitness – strength, endurance, flexibility	Upto K3
CO 3	identify and explain the rules, concepts used in the Physical Education	Upto K3

K1 – KNOWLEDGE (REMEMBERING), K2 – UNDERSTANDING, K3 – APPLY





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### **PHYSICAL EDUCATION**

#### **UNIT – I:**

Physical Fitness – Meaning and Importance – Yoga and its kinds – Benefits of Yoga.

#### **UNIT – II:**

Hockey – Origin – Fundamental role of Hockey and Basic rules and regulations.

#### **UNIT – III:**

Basket Ball – Origin – Fundamental and Basic rules and regulations.

#### **UNIT – IV:**

Volley Ball – Origin – Fundamental and Basic rules and regulations.

#### **UNIT – V:**

Olympics and Asian games Origin – kinds of Games – India participation.

#### **REFERENCE BOOKS:**

*Physical Fitness* – Kozoki, Russel

*Yoga for Wellness* – Dr. J. K. Thakur

*Hockey* – The Hockey rules – Gian Singh

*Basket Ball* – Official Basket Ball rules

*Volley Ball* – Play – Learn Volley Ball – Renu jain

*Olympics* – The complete Book of Olympics Wallechinsky David