



SOURASHTRA COLLEGE, MADURAI- 6250

(An Autonomous Institution Re-accredited with 'B' grade by NAAC)

PART-V – EXTENSION ACTIVITIES - SYLLABUS

(Under CBCS w.e.f. 2017 – 2018 onwards)

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PART-V – EXTENSION ACTIVITIES (IV SEMESTER)

1. A candidate shall be awarded a maximum of one Credit for Compulsory Extension Service. These should be carried outside the class hours.
2. All the students shall have to enroll for NSS /NCC/ Sports & Games or any other service organizations in the college and shall have to earn minimum hours of attendance to be prescribed by the college.
3. There is no internal examination and only external examination for a maximum of 100 marks.

COURSE STRUCTURE

| Sl. No | Sub. Code | Subject Title | Duration of exams | CA | FW | Viva voce | Total | Credit |
|--------|-----------|---------------------------------|-------------------|----|----|-----------|-------|--------|
| 1 | 17NSSEA4 | National Service Scheme | 3 | 25 | 25 | 50 | 100 | 1 |
| 2 | 17YRCEA4 | Youth Red Cross | 3 | 25 | 25 | 50 | 100 | 1 |
| 3 | 17RRCEA4 | Red Ribbon Club | 3 | 25 | 25 | 50 | 100 | 1 |
| 4 | 17CCCEA4 | Citizen Consumer Club | 3 | 25 | 25 | 50 | 100 | 1 |
| 5 | 17WUSEA4 | World University Service | 3 | 25 | 25 | 50 | 100 | 1 |
| 6 | 17LIBEA4 | Library Information and Science | 3 | 25 | 25 | 50 | 100 | 1 |
| 7 | 17NCCEA4 | NCC | 3 | 25 | 25 | 50 | 100 | 1 |
| 8 | 17PEDEA4 | Physical Education | 3 | 25 | 25 | 50 | 100 | 1 |

Note: Students shall opt for any one of the activities offered

FW- Field work

Passed in the BOS Meeting
held on 15-3-2017

Signature of Chairman/HOD



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|--|--|----------------------------------|
| PART - V EXTENSION ACTIVITY | Title : NATIONAL SERVICE SCHEME (NSS) Ideals and Approaches | Subject Code : 17 NSS EA4 |
| Semester : IV | HOURS : 0 hours / Week | CREDITS : 1 |

Objectives:

- To make the students aware of basic concepts of NSS.
- To orient the students about the regular and special camp activities.

Unit: I Introduction to NSS

1. Introduction to NSS
2. Philosophy of NSS
3. NSS concepts

Unit: II NSS Activities

1. NSS Programmes and activities
2. The Role of NSS Volunteers
3. NSS Regular activities in adopted villages, slums and voluntary organizations

Unit: III Regular and special camps

1. Regular and special camping programmes.
2. Social service programmes.
3. Guidelines for a successful camp.

Unit: IV Self Help groups

1. Women empowerment.
2. Role of Self Help Group in empowerment of women.
3. The social Role of Self Help Groups.

Unit: V Students; Participation in NSS

1. Environment.
2. Social issue – students' participation.
3. Community work



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| PART - V EXTENSION ACTIVITY | Title : YOUTH RED CROSS SOCIETY | Subject Code : 17 YRC EA4 |
| Semester : IV | HOURS : 0 hours / Week | CREDITS : 1 |

Objectives: To develop awareness about YRC and its activities.

Unit I:

YRC – Meaning – Origin – Organisation Structure – Principles – functions relating to conserve the environmental quality.

Unit II:

Indian Red Cross Society – meaning – origin – organization structure – fundamental principles.

Unit III:

Hendry Dunant – RCS – meaning – origin – Red Cross emblem – Mahatma in Red Cross movement.

Unit IV:

Disasters – Meaning – Types – disaster response tools of Indian Red Cross.

Unit V:

First Aid – important rules of first aid – needy equipment for first aid.

BOOK FOR STUDY:

Youth Red Cross by Dr.N.Muthu, Pandia Nadu Panpaattu Maiyam, Madurai



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| PART - V EXTENSION ACTIVITY | Title : RED RIBBON CLUB | Subject Code : 17 RRC EA4 |
| Semester : IV | HOURS : 0 hours / Week | CREDITS : 1 |

Objectives

1. To prevent HIV infection among youth through life skill education.
2. To help and support the people living with HIV / AIDS.
3. To promote voluntary non-remunerated blood donation.

Unit: I

RRC- Introduction – objectives – Programmes.

Unit: II

Preparing students to prevent HIV / AIDS. Helping people living with HIV / AIDS.

Unit: III

Celebrating the life – Lecture by ICTC, PLHIV & Transgender.

Unit: IV

Blood Donation: Importance – organising for free blood donation camps – storing and functions.

Unit: V

Cycle rally: Exposure visit to ICTC, Blood bank, PLHIV Centre

BOOKS FOR REFERENCE:-

1. Cadet's Diary—Army Wing by Major.R.Ramasamy, Priya publications,Harur.
2. Precis—Published at OTA,Kamptee.
3. Cadet's Diary – By Cadets Centre, Chennai.



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| PART - V EXTENSION ACTIVITY | Title : CITIZEN CONSUMER CLUB | Subject Code : 17CCC EA4 |
| Semester : IV | HOURS : 0 hours / Week | CREDITS : 1 |

Objectives

1. To create an awareness about consumers rights and responsibilities.
2. To instil concern for environment around us citizens and consumers and sustainable consumption habits.
3. To educate students about remedial measures available to affected consumers.

Unit: I

Introduction – Responsible citizen – Consumer movement – Consumer responsibilities.

Unit: II

Consumer rights – Consumers right Violations – Remedies – step to be followed while purchasing a product in the market.

Unit: III

Consumer Laws – consumer commissions and other consumer protection agencies.

Unit: IV

Food safety and standards – medical services and drugs – food adulteration.

Unit: V

Unfair trade practices and advertisements – consumer complaints and redressal.

TEXT BOOK:

1. Handbook for citizen consumer clubs – Government of Tamil Nadu Civil supplies & consumer protection department.

ONLINE REFERENCES:

1. www.consumer.tn.gov.in
2. www.cag.org.in
3. www.consumercourt.in
4. www.consumerights.org.in



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| PART - V EXTENSION ACTIVITY | Title : WORLD UNIVERSITY SERVICE | Subject Code : 17 WUS EA4 |
| Semester : IV | HOURS : 0 hours / Week | CREDITS : 1 |

Objectives:

- Preparing for competitive Exam.
- How to face the interview.
- Personality Development.
- Social Responsibility

Unit: I

Introduction – Functions of WUS, registration, rules and regulations governing Colleges and Universities. Institutions offering courses other than Colleges and Universities (Professional bodies).

Unit: II

Types of Universities – Arts and Science, Agriculture, Technical, Medical, Para Medical, Law, Professional, Languages.

Central, State Universities, Deemed, open Universities, concurrent - distribution of legislative power between Central and State with education.

Unit: III

Ministry of Human Resource Development (internal affairs) functions of Human Resource Ministry, Chancellor Chancellors (vice-president), Chancellors of Universities and their appointments, Pro-Chancellor, Vice-Chancellor.

Unit: IV

The role of Educational Institutions, Student in Independence Movement (Important Historical Events in India)

Unit: V

Service commission and their contribution to the employment of students (UPSC, SSC, TNPSC, & Various Recruitment Boards).



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| PART - V EXTENSION ACTIVITY | Title : LIBRARY AND INFORMATION SCIENCE | Subject Code : 17 LIB EA4 |
| Semester : IV | HOURS : 0 hours / Week | CREDITS : 1 |

Objectives:

1. To enable the students to acquire knowledge regarding importance of Libraries in the context of social, economic, political, scientific and technological environment.
2. To enable the students to understand different levels of information systems in the society and their functions.
3. To enable the students apply their knowledge in various library practices.
4. To enable the students acquire knowledge regarding basis idea about World Wide Web (www)
5. To enable the students understanding of internet and Information Technology and its applications in Library & Information Science.

Unit: I

Evolution, growth and development of libraries in India.

Unit: II

Types of Libraries: Academic, Public and Special Libraries.

Unit: III

Library concepts – Five Laws of Library Science – Professional ethics of librarian .

Unit: IV

Library Automation.

Unit: V

Concepts of information marketing and knowledge Management.

BOOKS FOR REFERENCE

1. Dr. Renganathan, S.R., Five laws of Library Science, London: Vikas
2. Atherton, Paline: Handbook of Information Systems and Services, Paris: UNESCO.
3. Khanna, J.K. Library and society, Kurushetra: Research Publication.
4. Rendell, B. The Origins of Digital Computers – selected papers, Springer- Verlag.
5. Sanders, Donald H, Computers Today, McGraw Hill.
6. Stallings, William, Computer Organization and Architecture, 2nd Edition, Prentice Hall.
7. Bartee, Thomas C, Digital Computer Fundamentals, 6th Edition, Tata McGraw Hill.



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| PART - V EXTENSION ACTIVITY | Title : NCC - ARMY | Subject Code : 17NCC EA4 |
| Semester : IV | HOURS : 0 hours / Week | CREDITS : 1 |

Unit – I : General Services

Motto – cardinal points – Aims of NCC – NCC Song – Equivalent Ranks – Honors and Awards – Organisation – History of NCC.

Unit – II: Drill and Weapon Training

Word of Command – Foot – Drill – Arms Drill – Rifle – Characteristics – LMG – SLR – SMC.

Unit – III: Human Resource Management.

National Integration – Duties of good citizen – Leadership Training – Civil Defence – Hygiene and Sanitation – First Aid.

Unit – IV: Map Reading

Map – outline – uses – limitations – conventional signs – various types of North – Compass – Service Protractor – Map to Ground – Ground to Map.

Unit – V : Field Craft and Battle Craft.

Judging Distance – Indication of Targets – Fire Control Orders – Ambush – Social Service.

Books For Reference:

1. Cadets Diary – Army Wing by Major R.Ramasamy, Priya Publications, karur.
2. Precis – Published at OTA, karnapet.
3. Cadets Diary – by Cadets Centre Chennai.



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| PART - V EXTENSION ACTIVITY | Title : PHYSICAL EDUCATION | Subject Code : 17PEDEA4 |
| Semester : IV | HOURS : 0 hours / Week | CREDITS : 1 |

Unit: I 20 Marks
Attendance

Unit: II **Battery of Test**
100mts,200mts, shotput
Discus, Longjump, Situps, Pullups
(Any 5 Test) 50 Marks

Unit: III Skill Test

Basket Ball

- (i) Shooting
 - (ii) Dribbling
 - (iii) Passing
- 30 Marks

Total -----
100 Marks
